



Alarik Arenander, Ph.D.

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About Dr. Arenander

Dr. Alarik Arenander is a neuroscientist, educator, international lecturer, and leading researcher into the neuroscience of brain development and human potential. His work has helped establish the field of neuroscience as science's leading area for exploring human potentiality and mind/body health. He has personally contributed to the scientific exploration of brain development and human potential for the last 35 years conducting research at many top research institutions in the US and Europe.

Dr. Arenander has conducted pioneering research at University of California at Los Angeles, Penn State University at Hershey, MERU in Seelisberg, Switzerland, University of Wisconsin at Madison, and Maharishi University of Management in Fairfield, IA.

Since 1999, Dr. Arenander has been the Director of the Iowa's Brain Research Institute in Fairfield, Iowa. His research focuses primarily on brain development, including both basic and applied research in the relationship of brain and consciousness and the role of the environment and experience on the development of human potential and well-being.

Dr. Arenander is considered one of the most engaging, lively, and knowledgeable speakers on the subject of brain and human potential. He delivers keynotes and session presentations, and conducts seminars for business, education and health care.

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